

<b>ACT Training Ride</b>			
<b>Lake Monona-Olbrich Park</b>		<b>Cell Phone</b>	
<b>Ride Leader:</b>			
<b>Ride Leader:</b>			
Go	Onto	Miles	Total
	<b>Start Olbrich Park</b>		
S	Walter Street	0.2	0.2
R	Starkweather Creek Bike Path	0.7	0.9
R	Dempsey Road	0.5	1.4
S	Davies Street	0.3	1.7
R	Buckeye Street	0.1	1.8
L	Jerome Street	0.2	2.0
R	E. Winnequah Road	0.1	2.1
S	Winnequah Road	0.7	2.8
R	Tonyawatha Trail	0.5	3.3
L	Progressive Lane	0.1	3.4
R	Winnequah Road	0.1	3.5
R	Tonyawatha Trail	1.1	4.6
L	Winnequah Court	0.3	4.9
R	Winnequah Road	1.0	5.9
R	Bridge Road	0.1	6.0
R	Paunack Park Bike Path	0.4	6.4
S	Waubesa Way	2.2	8.6
S	John Nolen Bike Path	2.7	11.3
S	Cross Williamson Street	0.1	11.4
R	Isthmus Bike Trail	2.3	13.7
R	Starkweather Creek Bike Path	0.8	14.5
R	Walter Street	0.2	14.7
R	<b>Olbrich Park</b> (parking lot)		

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